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2022 Winter

SUNGKYUL UNIVERSITY NEWS



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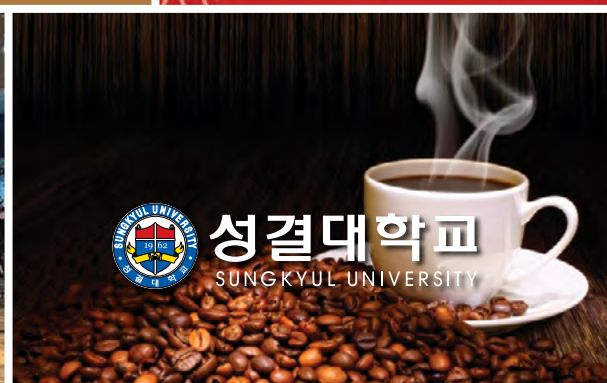
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◇ **Philosophy of University : 'Cultivating a Holistic Person of God'**◇ **Objectives of Education : Christianity, Cosmopolitan, Creativity & Convergence**◇ **Purpose of Establishment :**

The founders established Sungkyul University to provide a strong biblically-based education for church ministry in its various forms. The University is committed to the Fourfold Gospel: Regeneration, Sanctification, Divine Healing, and the Second Advent of Christ. Holding firm the evangelical faith, it rejects modern liberalism and extreme mysticism of any kind. Its doctrine remains the same as that of the early Holiness (SungKyul) Church, namely a scriptural Wesleyan-Arminian Faith. It continues to provide an education based on the Word of God that prepares men and women for effective ministry in this ever-changing society to the glory of God.



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SUNGKYUL UNIVERSITY

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In Celebration of the 60th Anniversary of Sungkyul University



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Sungkyul University began exactly 60 years ago in a small room of the Pastor Kim Eung-jo's house in September 1962. The founder Pastor Kim (1896~1991) was a student activist during the Japanese colonial period and imprisoned for the 3.1 Independence Movement. While preaching the gospel in a war-torn land, he looked at his house and vowed, "I will start a seminary here." Over the past 60 years, our university has undergone many changes and developed, from a small seminary that started with 50 freshmen at Pastor Kim's house to a university with about 6,000 students today. From the time it was established until now, our university's ideology or education philosophy is 'Cultivating a Holistic Person of God.'

I often give my students in the classroom examples of universities around the world that started out as seminaries. The main examples are Oxford University and Cambridge University in England, and Harvard University in the United States. All of them are world class top universities with a long history and reputation. Established in 1096, Oxford University is the oldest one in the English-speaking world with a history of 926 years and has the school slogan 'The Lord Is My Light.' The second oldest one, Cambridge University, was founded by theologians from Oxford. It has a history of 813 years since its foundation in 1209, and has a school motto, 'From Here, Light and Sacred Draughts.' As universities at that time were governed by canon law and financed by Catholic church, so the purpose of university education was to foster the most influential Catholic clergy in medieval Western Europe. Since Henry VIII took Anglicanism as a state religion in the 16th century, Oxford and Cambridge have now developed into large universities with various majors. They are still famous for producing strong and influential people over the world, emphasizing conservative Christian faith and traditions.

Harvard University, the most prestigious

university in the United States, was founded in 1636 by Reverend John Harvard who graduated from Cambridge. It is the first university in the United States with a history of 386 years. Harvard University was first established to train religious leaders who would lead the community of about 17,000 Puritans who migrated from Britain to the New World for religious freedom. The purpose of the colonial community built in Northeastern region of America at the time was to build a new ideal community for the Puritans to keep their faith. To this end, the first thing the settlers did was to build plantations and establish higher education institutions to train religious leaders. Harvard University was the first to be established, followed by Yale (1701) and Princeton (1746). They are the most famous universities in the eastern United States, known as the 'Ivy League.' Harvard has 'Veritas,' that is 'Truth' as a school motto, Yale University 'Light and Truth,' and Columbia University 'In The Light of the Lord We See Light.' In this way, the United States prioritized building universities with religious missions even before becoming an independent nation. This shows how important and desperate it was for them to foster religious leaders who would lead a new community and keep their Christian faith.

On October 13, in celebration of the 60th anniversary of Sungkyul University, it produced a creative musical <Yeongam Kim Eung-jo> based on the life of Rev. Kim. It was a valuable time for many to reflect on the background and history of Sungkyul University. The 60 years of Sungkyul University cannot be compared with the hundreds of years of Oxford, Cambridge or Harvard. However, our university has something important in common in that it has an educational philosophy similar to the founding purposes of them, 'Cultivating a Holistic Person of God.' I often emphasize this by telling my students. We should be proud of it, and it is well worth it.

Celebrating the 60th Anniversary of Our School's Opening with a "Thursday Concert"!



On September 22, the **Academic Information Center Thursday Concert** was held at the outdoor plaza in front of Sungkyul University's Academic Information Center. The event was more meaningful this year because it celebrated the 60th anniversary of Sungkyul University's opening. What message did the event, which attracted a large audience, try to convey?

The concert, which featured the theme "The Power of Valuable Holiness in the World!" was held with two courses consisting of "Free Sharing Booth of Donated Books" and "Photo Exhibition of Sungkyul History Materials," as well as performances by the Department of 'Performing Music and Arts' and 'Music'. The "Free Sharing Booth for Donated Books" was sponsored by Sungkyul University Press, Kyobo Bookstore, and Sungkyul University Academic Information Center. It seemed like the students were very interested because many books were offered in various fields and it was an opportunity to read books and receive donations for free. Next to that was an exhibition of photos of our school's history. Many students were interested in seeing how the school has changed over the past 60 years, which was a lot. There were many responses that were curious about our old school, which was very different from what it is now. In addition to photos of our school, explanations containing the history of the Korean Holiness Church by region were also provided, and students discovered the characteristics and history of the Korean Holiness Church.

The highlight of the concert was the performances by the Department of Performing Music and Arts and

the Department of Music. First, the concert began with the stage of students from the Department of Performing Music and Arts, and then vocalists Kim Eui-ki and Lee Sang-min took the stage to sing Ji Jin-seok's "My Love." This was followed by a musical performance of "Yeongam Kim Eung-jo" by the music students after President Kim Sang-sik's pep talk. The musical consisted of a total of six songs and episodes of the independence movement of our school's founder, Yeongam Kim Eung-jo. It depicted Kim Eung-jo walking to the Daegu Prison while being caught by the Japanese military. Kim Eung-jo and independence activists fear, his longing for his hometown while in prison, and Kim Eung-jo shouting "Long Live Korean Independence" vigorously while on trial. With the powerful songs and delicate performances of the music students, the audience was immersed in the performance.

I had an interview with student A who watched the concert. Student A said, "I think it is significant that we organized a concert to commemorate the 60th anniversary of our school, especially related to Kim Eung-jo, the founder of the school. I saw it on the way, and the quality of the performance was good, and I didn't know much about Kim Eung-jo's achievements, but it's meaningful to know," she said. "I'm a little disappointed that more students could have seen it if it was promoted a little better than this time." I hope there will be more events like this in the future, and I hope many students will watch it."

By reporter **Ahn Ye-rim** yerim030582@naver.com

SKU 60th Anniversary Project 'Jeju, Olleh?'

An extracurricular program 'Jeju, Olleh?' prepared by Sungkyul University to commemorate the 60th anniversary of its opening, was successfully conducted. This program was planned and operated in line with the official slogan of the 60th anniversary of the school, "A Worthy Sungkyul's Power with the World," and aimed at revitalizing stagnant community culture and student social exchanges due to the prolonged COVID-19 and fostering student autonomy, cooperation, and unity.

Thinking of the students who would have spent five nights and six days in Jeju, I would like to relate the 'Jeju, Olleh?' program. This program, organized by the student support department of the school, spent a total of five nights and six days in Jeju from August 8 to August 13. It was applicable to any student at Sungkyul University, and only 60 students from many applicants were selected and left for Jeju Island in groups. The selected students became 'Jeju kkun' and spent a meaningful time volunteering on Jeju Island, visiting Olle Trail and Hallasan Mountain, visiting the beach, and group activities.

On the first day of the 'Jeju, Olleh?' program, I spent time getting close to the group by conducting a simple recreation. As a result of the recreation, Group 8 won the first prize, Group 6 won the second prize, and Group 2 won the third prize. The recreation was successfully completed thanks to the active participation of the MCs and Jeju kkun who worked hard to plan the recreation.

Day 2 we spent time exploring Olle Trail and Hallasan Mountain. Olle-gil is divided into three courses and Hallasan Mountain is divided into two courses, so you can choose where you want to go according to the level of difficulty. The hardest course is 'the forest path of Saryni', the midlevel course is 'Olle Trail 6 course', the average course is 'Olle Trail 13+14 course', a good course is 'Hallasan Mountain Eorimok-Yeongsil Course', and the Best course is 'Hallasan Mountain Seongpanak Course'. Jeju kkuns chose according to their preferences.

The 3rd day was a volunteer work day, and Jeju kkuns

did Chrysanthemum collection work and volunteer work in a history and culture park at 'Jeju 4.3 Peace Park', and did garbage collection and environmental sanitation services at 'Gwangchigi Beach'. The volunteer work was successfully completed thanks to Jeju kkuns who worked hard in volunteer work without complaining even in hot weather. For Jeju kkuns who have suffered throughout the morning and afternoon, the third day ended by giving them time to go to the 'Seogwipo Maeil Olle Market' in the evening to buy delicious food and make memories with their groups.

The 4th day was a group random tour, and after consulting with the group members, they had time to freely visit Jeju Island. Through this day, Jeju kkuns spent time getting closer to their members by exploring various places on Jeju Island wherever they wanted.

On the 5th day, Jeju kkuns went to Hyeopjae Beach and had time to hang out with all Jeju kkuns, and met with other team members. Afterwards, there was a barbecue party to add to the happiness of Jeju kkuns. After the barbecue party, they had time to share how they spent four nights and five days from Group 1 to Group 8 through story telling about each group activity. On the sixth day, the five-night and six-day schedule was completed by checking out of the accommodation and returning home.

The school supported the event with group T-shirts, accommodation costs, and program progress costs. Furthermore, the event completed all activities safely with thorough safety education and emergency medicine. Through this program, so-called 'Jeju people' spent time on Jeju Island with their members before the new semester and had a special experience communicating and exchanging. I think this has been well implemented to induce emotional exchanges between students who were cut off by COVID-19, which was the purpose of the program, and to return to our daily lives.

By reporter **Kim Ga-young** gaga0987@naver.com



Yeongam Kim Eung-jo, a Creative Musical Celebrating the 60th Anniversary of the School's Foundation

"Yeongam Kim Eung-jo", a creative musical commemorating the 60th anniversary of the school's opening, was held on October 13 in the auditorium on the 5th floor of the school's Memorial Hall. This musical was created by music students and is very meaningful in that students directly participated in the Capstone Design Special Lecture as staff members such as sound, lighting, video, costumes, and props. It was a musical that added great vitality to the performance of my alma mater, which had been suspended over the last three years during COVID-19, and it was held in the expectation of many people.

Kim Eung-jo, who is he?

On March 1, 1919, 33 patriots shouted for Joseon's independence by reading the Declaration of Independence at the Taehwagwan in Jongno. Pastor Kim Eung-jo shouted "Long live independence" with about 200 college students, and a few days later, he was arrested while going down to his hometown with the Declaration of Independence. Then the pastor was imprisoned for a year and a half. Pastor Kim Eung-jo did not stop reading the Bible and evangelizing in prison. Later, he testified that he had learned more Bible in prison than he had learned in seminary. Pastor Kim Eung-jo of Yeongam is an independence activist dedicated to the independence of the country under Japanese colonial rule, a revivalist who served his mission as a evangelist, a biblical theologian who wrote "Biblical Daeganghae", and an educator who trained his juniors in cooperation with Rev. Hong Dae-sil.

Sungkyul University, which celebrates its 60th anniversary this year, opened on September 20, 1962, with 50 students at 29-2, 3-ga, Chungcheong-ro, Seoul, the private residence of its founder, Pastor Kim Eung-jo. The following year, in 1963, it recruited 50 more students



and became a seminary where about 100 students took classes, and in 1965, it was approved for establishment as Seongkyul Theological Seminary and continued to develop to the current general university. It was a small start from the dictionary of Dr. Kim Eung-jo, who took office as the first principal, but it has grown into a prestigious Christian history university today by producing numerous Christian talents based on the founding ideology of 'Cultivating a Holistic Person of God'.

In the musical "Yeongam Kim Eung-jo," I would like to comfort the current Christian youth and talk about the leadership of faith through the life of Pastor Kim Eung-jo, who is firmly standing as a horse in the last turbulent era. Pastor Kim Eung-jo, who worked hard for the



independence of the country even under Japanese rule, delivered hope through words to the refugees during the Korean War, and founded a school in obedience to God's words, sends a message of hope to many people living in the present. Through the vision of young Kim Eung-jo, through the patriotism of young Kim Eung-jo, leadership through the elderly Kim Eung-jo, and through the old Kim Eung-jo, Moses, the beacon of truth, was tried.

The musical "Yeongam Kim Eung-jo" begins with a prologue featuring a young Kim Eung-jo who delivers the gospel for the people of his country through learning despite the Japanese colonial rule. In the first act, "Independence Movement," 33 national representatives signed the Declaration of Independence, and Kim Eung-jo immediately ran to the French Embassy to hold a campaign for independence. After that, he was arrested and imprisoned, but he still kept his faith in prison, comforted people and sowed the seeds of the gospel. In the second act, "6.25 War," Pastor Kim Eung-jo held a revival meeting under the theme of "Let's look at Jesus with faith" in Busan, where many refugees were gathered, to convey that there is hope for life even in the war. In Act 3, "The Age of Seonggyul," the process of dedicated fundraising activities for the construction of Sungkyul University and the process of receiving the school paper through the governor of Hong Dae-sil is depicted. The

school, built in prayer and blessing in difficulties, holds a grand dedication ceremony given to God and kicked off the holy era. In the last epilogue, young Kim Eung-jo delivers a message of hope to today's young people.

President Kim Sang-sik expressed his expectations, saying, "We look forward to a strong start with the church and school through the musical," and Pastor Park Kwang-il, the chairman of the Sungkyul Theological Seminary, said, "I hope Pastor Kim Eung-jo's eternal hope and devoted love will be inherited." In addition, Pastor Kang Kang-gu, chairman of the Memorial Society, said, "I am honored to have created an opera that seems to be seen in real life. I sincerely thank the students for their efforts to make the play." Shin Hyun-jin, a senior at the Department of Vocal Music, who played the role of Pastor Kim Eung-jo, said, "There were many difficulties, but I gained strength to overcome them by praying. It was a meaningful time to unite with my classmates who were preparing together," he said in an interview.

The students who watched the musical praised the students of the music department, saying, "It was a musical that I was fascinated by because the quality was better than I expected," and "It was a meaningful time to be proud of the school."

By reporter **Na Gyeong-bin** w1nteryyy@naver.com

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In the Midst of Youth, Young Blooded

On October 5th and 6th, the Yeongam Festival was held at Sungkyul University. It is the biggest event in three years since the COVID-19 pandemic. The name of the festival is 'Young Blooded'. The concept of 'Young Blooded' was retro fashion. As it was the first festival in three years, it was held with a more special concept, and many students, including the student council, enjoyed the festival with retro fashion reminiscent of "Cheol-soo and Young-hee."

On the day of the festival, various rides, event booths, and food were waiting for students. The student council of each department operated an event booth that took advantage of the characteristics of each department. It was not an exaggeration to say that it was the flower of the festival, so there were many things to experience and eat. The students walked around constantly, eating and enjoying themselves.

Power FM marked the start of the festival. Power FM is a program that introduces various interesting topics such as love, friendship, study, and clubs along with song requests. In the middle of the festival, many students with various stories participated in Power FM, which read students' stories, which made the festival even warmer.

Next, the festival became even hotter with the strongest undergraduate program in each department. The strongest department was to bring together students who are confident in dancing and talent shows to present a unique stage. Dancers who had been hiding in Sungkyul University during the long COVID-19 pandemic shone through the strongest undergraduate stage. As it was a stage representing the names of each department and major, it was a time to show the true value of practicing day and night. The Department of Theater and Film proudly topped the competition and everyone enjoyed.

All the departments and majors of Sungkyul University were outstanding.

The talent show exhibited many hidden talents. Individuals and groups, displayed many talents such as dancing, singing, magic, and music. It was a valuable time to show the talents of students who shone individually.

The healing concert is the stage of the entertainment department and the club. As the last stage prepared by Sungkyul University students, it was a stage that presented "healing" to the hearts of those who were tired of school life. Sorihana, Saint., Black Heart, Sonarus, and Pegasus participated. It was differentiated skills as it was an entertainment club. Sungkyul University students

gathered to see this and admired their singing and dancing skills. In particular, Pegasus, the representative cheering squad of Sungkyul University, also invited cheering teams from other universities (Gyeonggi University and University of Seoul) to perform cheerleading together. The healing concert instilled passion and hope in the hearts of many students.

Paul Kim, Dynamic Duo, Bibi, The Ade, and Urban

Zakapa joined together for the Sungkyul University Yeongam Festival. It was the highlight of the festival that students looked forward to the most. The students all sang their hit songs together. Everyone enjoyed the singers' performances by turning on their cell phone flashes and raising them high. It was a time when friendship and love became stronger.

Gone are the days of being eroded by the coronavirus pandemic. Through Young Blooded at the 2022 Yeongam Festival, Sungkyul University regained its laughter and vitality. In the midst of youth, everyone shone again.

By reporter **Kim Se-jin** jinkim021023@naver.com

Song Jin-hee ssjjhh0125@naver.com



Sungkyul University Signed a Business Agreement with Washington University in Virginia

Sungkyul University announced on October 6 that it had signed a business agreement with the University of Washington, Virginia. Major figures from both sides attended the business agreement ceremony, including Kim Sang-sik, president of Sungkyul University, Cho Chun-beom, president of International Exchange, Peter Chang, vice president of Virginia Washington University, Joyce Park, and David Lee, admissions directors. Under the agreement, the two universities will actively exchange resources necessary to promote international education and mutual understanding by jointly establish-

ing academic and research cooperation programs and promoting participation in the winter vacation program. President Kim Sang-sik said, "I personally think it is very meaningful that Sungkyul University and Virginia Washington University have signed a business agreement. I hope that the two universities will develop further in the future by establishing an education and mutual cooperation system through exchanges of students and professors, beyond simple cooperation."

By reporter **Park So-yeon**
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Sungkyul University Sweeps the '2022 Metaverse Developer Contest'

Department of Media Software in Sungkyul University (President Sangsik Kim) received 4 prizes of excellence and 1 incentive prize at the '2022 Metaverse Developer Contest' hosted by the Ministry of Science and ICT, the Korea Radio Promotion Association and the Korea Metaverse Industry Association. The '2022 Metaverse Developer Contest' is a tournament format and after 3 rounds of announcements, the winners were announced on October 4th through the final presentation evaluation on September 30th. The winning teams in the Department of Media Software at Sungkyul University were first-year teams (Kim Kyung-jin, Kim Su-rim, Hong Jae-won), 3rd-year teams (Pyun Jin-beom, Hong Yun-seo, Seon Woo-hee-eun/Yuk Hyun-seo, Hwang Min-kyung, Kwon Young-eun, Jeon Jeon/ Choi Hyo-rim, Yoo Seong-hwi), It was composed of grade-level teams, and all 4 teams of the Excellence Award won first place in the designated task category, and the first team (Sang-Hyun Ryu, Kyung-

Mok Kim, Jae-Eun Ban, and Da-Eun Seo) received the prize in the free task category. The Excellence Award will be awarded with a prize of 5 million won to each team along with the award, and the Encouragement Prize will be awarded with a cash prize of 2 million won.

Professor Jin Seong-ah, head of the Department of Media Software at Sungkyul University, said, "It is very unusual for five teams made up of undergraduate students to win awards in the same department at one university. It is the fruit of our steady efforts to nurture creative convergence talents." He thanked the department faculty and students for guiding students with the same heart as their parents. With this, Sungkyul University is writing a record of winning the Metaverse Developer Contest for two consecutive years following last year.

By reporter **Park So-yeon**
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Let Me Introduce Pegassus!

"Hello, We are Pegassus, the representative cheer team of Sungkyul University!" It's a powerful greeting for Pegassus. Pegassus, the representative cheer team squad of Sungkyul University, was established at the end of March 2002, and the name Pegassus began to be used in April according to the results of the vote by all students. Pegassus, a flying horse in Greek mythology, symbolizes the passion and spirit of the cheer team squad.

Pegassus's main activities are largely divided into two. The in-school activities such as: Freshman Orientation, Sunrise Ceremony, Cheering Festival, Club Festival. And performances of external events and suburban activities such as sponsored performances by other universities. It has formed a cheering squad association with Dankook University, Anyang University, and Gyeonggi University and has been engaged in continuous exchanges. Pegassus also faced a crisis. About three years ago, the use of the practice room was suspended due to COVID-19, and meetings were banned. The mask mandate was frustrating for the members. But overcoming the difficulties, Pegassus continued to soar. They won the grand prize at 'The 5th Korea Youth Day National Cheerleading Festival', which was held on November 6, 2021. In addition, They won the bronze prize at the second 'Hwaseong Boating Festival in 2022' and the 'Cheonan Heunggaryeong Dance Festival 2022 National University Cheerleading Competition', bringing good news to students at Sungkyul University.

On October 6, 2022, They returned to the Cheering Festival, the biggest event of the year, and finished the performance successfully. Pegassus said, "We were nervous and burdened, but thanks to the strong support of my classmates, I was able to successfully finish the cheering festival."

Youth and intelligence! Passion and spirit! Sungkyul University that becomes one! I will continue to support Pegassus' powerful wings.

By reporter **Lee Hee-young**
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영암축전 힐링 콘서트

21st PEGASUSS

2022 응원대제전

2022 PEGASUSS HEALING CONCERT

2022. 10. 06 (목) / 오후 6시 40분

성결대학교 운동장 야외 무대

주최 | 성결대학교 대표 응원단 페가수스
 찬조 | 경기대학교 응원단 거북선 / 서울시립대학교 응원단 아미키스
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Make Bids for Start-ups!

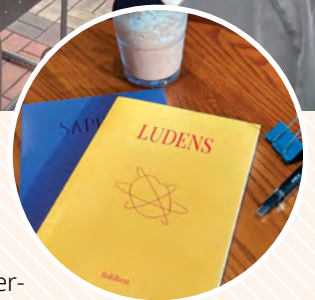
〈New-Commerce〉

Are you a student interested in starting a start-up? Then, look for **New-Commerce** of Sungkyul University's club! New-Commerce was named by the will to experience start-ups with new ideas in line with the e-commerce era that products and services are sold online actively. Currently, it is a small club consisting of five students from Sungkyul University and aims to start a start-up in 2023.

New-Commerce created its own brand **forRest** this year and produced and handed out **the Ludens & Sapiens** note package as its own product. We decided on the brand name with a common goal to help young people think about their problems and use them as a rest area through the products of **forRest**. Uniquely, the middle R is set in capital letters, and the symmetrical R in the logo has the brand's goals and slogans. This package is a consumer-participating product. We wanted to present it to consumers as a better product, reflecting the feedback we received through this product when we started our business. So, we handed out about 200 sets offline on campus and 150 copies online for free.

The **forRest's** products are made of **Ludens** and **Sapiens**. **Ludens** is a self-discovery note that helps you explore yourself. It is made of <Time to find me> that helps close to myself, <Time to get closer to me> that is close to myself by asking and answering 100 questions, and <Time to talk to me> that asks for yourself. It was created based on the idea of Homo Ludens, which has a human view that the most high-level part of humans is amusement. **Sapiens** is a self-management note that helps you organize the present and take a step toward a better tomorrow. It is made of Profile & Future Profile, Experience Pocket, Project Planner & Feedback Page, Monthly Planner, and Weekly Planner. Sapiens was produced based on Homo Sapiens, which has a human view that the biggest reason why humans are different from other animals is because of having rational thinking.

Why do we need a start-up club? In the future, there will be opportunities for various careers such as employment, start-ups, and freelancers. **New-Commerce** will be a medium to help you look at the new options of start-ups. Also, start-ups are a rare opportunity to experience



both the beginning and the end of a product, from product planning to sales. Not only help you understand the overall understanding of start-up but also through activities, you can experience various jobs directly, even if it is shallow.

I asked the president of **New-Commerce** why she chose a start-up, and not getting a job. She answered, "I wanted to have a different experience with support and protection within the fence of the university. Start-ups need to invest a lot of money and time. With the support of the school, I chose to experience start-ups, and explore another career, not employment. I thought it would serve as an opportunity to explore various works by experiencing the big framework of a business, and it was also an opportunity to find a job that fits my aptitude. Originally, I was very interested in planning, but it always made me feel that I lacked other capabilities to make it real. So, I was joyous to meet the precious club members who would fill my deficiencies through the school club and create something out of nothing."

Are you interested in start-ups? Then, look for **New-Commerce** of Sungkyul University's club that may help you in the future!

By reporter **Jung Ha-jin**
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20th English Festival was Back after 3 Years

• Poems, Speeches, Short Dramas, Songs, etc.
• Department of English Language and Literature

On November 24, 2022, the English Festival was held in the Yariop International Conference Room of Sungkyul University. Celebrating its 20th anniversary this year, the English Festival is not just able to showcase students' English skills, but also the confidence to present in front of many people, (if you play as a team) the experience of knowing how to cooperate with team members, and it is a festival that is directly helpful to students to know and supplement where their English skills are lacking with the professor's feedback from professors.

At the festival, the students performed poetry reading, speeches, and short drama. Also, there is the celebratory stage that was a performance by the Carol of chorus team, *Saint* of Sungkyul University Band and *Project-A*, consisting of graduates and students from the department of English language and literature. In addition, two senior students from the department of English and literature were active as MCs. Between the performances, there were surprise quizzes for fun.

The first was the stage that Last *Christmas* and *All I Want for Christmas* by chorus team. Everyone wore green and red tops for Christmas and sang with cute movements. The second was a poetry reading stage. 1 to 3 students per team read famous poems such as writers Shakespeare and Longfellow, with PPTs and background music prepared in advance on the stage together. I could feel a sensational description with natural gestures, intonations, and facial expressions that fit the context. The

speech was presented in the third order. The performances were held in the order of *The Present is a Gift*, *A Perspective on Problems*, and *Talk Show on Alice Wonderland*. I was able to hear students' thoughts on the topic along with the PPT they prepared. In the fourth order, a short drama team consisting of students Song Jae-hwui, Kim Ae-ri, Park Sung-hyeon, Kim Ji-won, and Kim Min-jun took the stage. The children's literature *Hansel and Gretel* by Brothers Grimm was summarized in 10 minutes and presented as a short drama by the team. A livelier performance was created with costumes and acting suitable for each character, background fit the situation, music, and props. After then, as a celebratory stage, there was a performance of *Saint* (the school band team) Demons (Imagine Dragons) and Fix You (Cold Play) music, and a dance performance of Project-A (special team for celebrate English festival). Finally, it ended with professors' thought and quizzes, and Lucky number draw and gift presentation.

Professors of the Department of English Language and Literature and acquaintances of the cast who did not participate in the stage also participated in the festival as audiences. As a representative of Professor Kim Jung-min, the executives of the student council participated as staff members to manage and create the stage, and the poetry reading team was directed by Professor Kim Hee-sun, the speech team by Professor Hwangbo Young-shik (Dean, Collage of Humanities), and the short drama team by Professor Kim Jung-min (Chair, Department of English Language and Literature). In addition, foreign professors (from the Department of English Language and Literature) gave feedback on the scripts. The 20th English Festival, which was taken trouble by participants, staff, and audiences, ended successfully.

By reporter **Kim Ae-ri** kar0875@naver.com

The 20th Physical Education Students' Night Event

Physical Education Students' Night is the biggest event of Sungkyul University's Physical Education Department, and it is an event where students from Sungkyul University work together to prepare stages such as aerobics, mechanical gymnastics, taekwondo, and bodybuilding and present them to professors and students. Through the process of preparing for these events, students can have time to improve unity, harmony, and understanding of various sports. Physical Education Students' night events usually take about a semester to prepare, and students plan and direct everything, including choreography, music, and stage. The Physical Education Students' Night event starts with the first Physical Education Students' in

2003 and marks the 20th Physical Education Students' night event on November 29, 2022. Unfortunately, the event was not held in 2020 and 2021 due to COVID-19, so the 2022 Physical Education Students' Night event is the first event in three years.

Aerobics is a gymnastics that performs various movements to cheerful music as one of the physical and beauty exercises. Sungkyul University's aerobics team prepared the move by adding their own attractive elements.

Mechanical gymnastics is an exercise that expresses the stability, difficulty, elegance, and originality of the body while performing body movements with all of its weight. The 2022 Physical Education Students' Night Event Mechanical Gymnastics

Team prepared a variety of movements, from basic to advanced techniques, and prepared a new and cool mechanical gymnastics stage in the second part.

Using the Netflix squid game as the motif, the Taekwondo team competed fiercely for the prize money through Taekwondo and staged a fierce battle for physical education's title of the first place in Taekwondo.

The Physical Education Students' Night Event Bodybuilding Team took on the final stage of the Physical Education Students' Night and expressed their wonderful bodies that they worked hard on during the semester using their own style of music and movements.

By reporter **Youk Kyung-soo**
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Early Childhood Education Students' Festival to Make Kids Dream : "Hamchoromje"



Have you ever heard of *Hamchoromje*? *Hamchoromje* is an exhibition of graduation works prepared by third graders in the Department of Early Childhood Education, and is one of the biggest event for them. On November 2 and 3, the 42nd *Hamchoromje* was held on the 6th floor of the Academic Information Center. I went to find out what message the students of the Department of Early Childhood Education delivered through this event.

'Hamchoromje' is a pure Korean word meaning 'simple appearance that is neither too short nor too full,' signifying that it is a place to humbly present the passion and talents of students of Sungkyul University's College of Early childhood education students. Students chose a big theme and detailed theme of the *Hamchoromje*, and then produced and displayed the appropriate teaching tools. In particular, it is said that they took time to interact and play with children by using teaching tools by inviting kindergarten children from Sungkyul University's kindergarten. Meanwhile, *Hamchoromje* not only exhibited but also played, something known as 'Donggeuk'. The Donggeuk performance was performed on stage and the infants were set as the audience. Sungkyul students prepared stories, costumes, and props themselves.

This year, students prepared under the theme of 'Dreaming Explorer'. In particular, five themes were selected: "Our Island that shines rainbow-colors," "We shine more when we are together," "Island that helps and grows with each other," "We that grow with change," and "When we listen to the world," and their stories and lessons were included. Especially, in the

case of the "Special Island that Glows Rainbow

Colors," was an impressive message that was delivered by producing a textbook called "Our Special Adventure" under the theme of "Integrated Education." The story, which melted the necessity and importance of integrated education through characters with physical difficulties, made it easier for infants to understand, and was touching. In addition, if you look at the teaching aids made by students, you can see that they were creative to suit the theme and tried to make it safe for infants to use.

In addition, we met and talked with student Y, a third-year student in the Department of Early Childhood Education who participated in the preparation for the *Hamchoromje*. Student Y said, "As the event was held by inviting early childhood education institutions in person for the first time in about three years, our members actually tried to produce teaching tools that infants could have fun with and interest in the field. And I think I was able to experience a lot of how to provide practical support for the appearance of infants playing, and I was able to build a strong memory this year. In my subjective opinion, I think the most meaningful event in the department of early childhood education is definitely *Hamchoromje*. Also, even if you are not in the Department of Early Childhood Education, I think you will be able to enjoy the plentiful composition and Donggeuk performances if you visit *Hamchoromje*."

Hamchoromje is a festival and result of early childhood education students' dreams to make children live in a happy world. I hope that many Sungkyul University students will be interested in the *Hamchoromje*, which will be held every year in the future. And I am looking forward to the efforts and passion of early childhood education students who run for their dreams.

By reporter **Ahn Ye-rim**
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The Origin of Christmas

Merry Christmas! December 25th is Christmas. It is known as the biggest holiday of Christianity. The name is a combination of Christ and mass (a Catholic worship ritual). In some cases, it is written as X-mas, where X is the first letter of the Greek word Christ (ΧΡΙΣΤΟΣ).

The date of Jesus Christ's birth is not clearly recorded in the Bible. However, the timing of Jesus' birth can be measured because there is a passage that at the time of Jesus' birth, Israeli shepherds stayed up all night and guarded the flock in the field. In Israel, however, there is a view that sheep are not grazed outside because it rains frequently in December. Accordingly, a British theologian said, "It is not yet October that sheep were grazed at the time of Jesus' birth," adding, "The birth date of Jesus Christ is not December." Considering these records and theologians' opinions, it cannot be said that Christmas is the birth day of Jesus Christ.

So why did Christmas become December 25th? December 25 is a very meaningful day for the ancient Romans. The day, the shortest winter solstice of the year, was also the birth day of the sun god they served. It was a festival day to celebrate the lengthening of the day again, that is, the strength of the sun. However, this day became Christmas when Christianity began to enter Rome. Constantine began to check Mithraism, which served the sun god, which was a powerful Christian enemy. However, it is said that they chose to assimilate their culture rather than suppress it because the worship of the sun god was having a great influence on the public.



It is said that Christmas celebration began in modern times when Queen Victoria's husband of England brought a tree into the royal family and decorated it. Gradually, Christmas became known to the British people, and this culture spread to the United States. Furthermore, it is said that the custom of building Christmas trees was passed down in Korea by American Protestant missionaries from the end of the 19th century.

The original meaning of Christmas has a religious tendency, but these days, the nature of festivals celebrating the end of the year is stronger. Why don't you spend Christmas with your loved one at the end of this year?

By reporter **Lee Hee-young**
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Increasing Shared Mobility

You must have seen many people using shared transportation around you recently. This is because as the sharing economy became active, more and more people wanted to increase their efficiency and satisfaction by using sharing services, and more and more people are using shared transportation. These shared means of transportation can be largely divided into automobiles, shuttles, bicycles, and scooters.

As services that share means of transportation become more popular, shared means of transportation such as shared bicycles and shared electric kickboards are gaining the most popularity. The reason for the increase in shared transportation is that many citizens who do not have self-traveling methods have switched from public transportation to shared transportation to avoid the risk of infection related to closed spaces since COVID-19. Then, what are the advantages of this shared transportation?

The biggest advantage of this is that it is cost-effective. Although there are differences between operating local governments, most shared means of transportation are cheap compared to time and not having to spend money to purchase a personal one. In addition, there are no maintenance costs to pay after renting transportation, and

it can be said that the cost-effectiveness is good because local governments manage it on their own.

Another advantage is that it is convenient. Shared transportation is very convenient because of its excellent accessibility and simple use. It is difficult to find a space to store or park a personal means of transportation, but if you use a shared means of transportation, users can use it as much as they want and return it to any place, so there is no need to go back to find the means of transportation and there is no risk of loss.

As such, shared transportation has various advantages, but its fashion does not necessarily bring only advantages. Among shared means of transportation, shared electric kickboards have a sense of speed, so accidents related to this are constantly occurring. There are various types of accidents, such as accidents that fall alone, vehicle damage, kickboard damage, and pedestrian collisions. The places of these occurrence are also wide spread, including roads, sidewalks, and crosswalks.

Regulations are in place, but accidents are still continuing, and people



are voicing the need to tighten regulations further. In order to prevent accidents, individuals should always maintain an appropriate speed and wear safety equipment. Of course, it is important for individuals to be careful, but I think related companies also need to manage and strengthen national regulations.

I think that as time goes by, the number of shared means of transportation will increase. This is because it has the great advantage of reducing costs while preserving resources and the environment. I think it is good to develop this increase in shared means of transportation as it leads to social benefits such as ensuring the health of citizens and reducing traffic congestion. However, in order for this shared transportation to be further developed, I think it is necessary to pay attention to the problems we have and to revitalize and improve related regulations and industries.

By reporter **Kim Ga-young**

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Who is Responsible for the Itaewon Disaster, Which Killed 156 People?

Baek Seung-joo, a professor of fire prevention at Open Cyber University, said, "The people who kept pushing from the back, the young people who were there, the victims, I don't think they are at fault." He affirms that it was not anyone's fault, the victims, the injured, and the young people who were at the scene of the accident, although there were social criticisms of people who continued to push from behind.

It is explained that when a normally controlled crowd crosses the limit, individuals act animalistically due to their desire to protect lives. The danger began from the moment the number of marginal people per square meter exceeded five, and the disaster was scheduled at the moment when the number of marginal people reached nearly 10. The authorities should have controlled the crowd. This is the direct and sole cause. Since the evening, there have been messages saying it is dangerous through 112 reports. The back alley of the Hamilton Hotel, the scene of the accident, was a t-shaped alley and there was no in and out control at all. All three t-shaped roads became entrances. If you set a limit per square meter, five people are the limit. Only when the crowd can extend an arm in that situation people can individually judge and act. The accident started when there were more than five people. The story that the chest of the person behind is attached to the person in front of the person is that people keep coming from behind. Because people cannot accumulate in a situation



of pressure, they are just stuck together, unable to sit down, turn around, and do nothing. In this case, it crossed the limit of the controlled crowd so that the behavior of people turned to an abnormal crowd. Because they are so close to people that they can't move or breathe, the people there can not comply with people's instructions. Because pressure comes from both sides of the front and back, they can't breathe, so only the desire to protect your life remains. If there were more than five people per square meter, the authorities should have canceled the event. If all citizens are unable to create a space of two palm or more because their fingertips touch the other person's back, they have to leave the space.

Through the Itaewon disaster, I think we should learn from it so that nothing like this happens again. It should never happen again that a precious member of the Republic of Korea and someone's precious family disappear in a moment. First, you should be aware of the risk of crush accidents and not go to places that seem dangerous. Second, you should be acquainted with CPR. You must know how to do first aid before the golden time passes. Third, the most important thing in life is life. You have to be careful because dangerous situations can happen to me. We should reflect and reflect on ourselves so that the sacrifices of the deceased are not in vain.

By reporter **Youk Kyung-soo**
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The Relationship between Coffee and Heart Disease

Korea is the world's third-largest coffee consumer, with coffee imports exceeding 1 trillion won a year. The consumption of coffee per person is 512 cups per year, which means that each person drinks nearly two cups per day. There are many people who don't drink coffee at all, so coffee lovers will drink much more.

Why do people enjoy coffee so much? It is because of the awakening effect of coffee. It has a good taste and scent, clears the mind, increases concentration, and also increases endurance when exercising. In addition, it now plays a role in the new cafe culture that serves as a seminar room or study room, and the style of carrying a cup of coffee on the way to work.

However, I am worried about dehydration due to the diuretic effect of coffee, interfere with sleep, and my heart is pounding, so I wonder what role coffee will play in heart health. With a long history of coffee and many lovers, there have been many studies on the health effects of coffee, and new research results are still being published. The conclusion is that coffee drinkers generally have fewer heart diseases. Furthermore, dramatic data showing that coffee lovers have a low mortality rate are also being published, so it is necessary to take a closer look.

In 2014, a study published in the American Journal of Cardiology titled "Long-Term Coffee Use and Cardiovascular Disease Risk" examined the relationship between coffee consumption and cardiovascular disease risk (coronary artery disease, stroke, heart failure, and cardiovascular death). As a result of examining the relationship between the residual number of coffee consumed per day

and the risk of cardiovascular disease, the relative risk of drinkers was lower than that of those who did not drink coffee. Strangely, the risk decreased due to the increase in the number of coffee cups, so the risk was the lowest in four cups, and then slightly increased again.

More welcome for coffee lovers was published in the medical journal New England Journal of Medicine (NEJM) in 2012. In the United States, 230,000 men and 170,000 women aged 50 to 71 were examined for their relationship to coffee and death. A 13-year follow-up showed an inverse relationship between coffee consumption and death. In other words, people who drink a lot of coffee lived longer. Even if observed by cause of death, deaths from heart disease, respiratory disease, stroke, accident, diabetes, and infection were all small.

A study published in the European Journal of Heart Prevention in September this year looked at whether there are differences in the impact on the heart depending on the type of coffee. We studied the daily coffee consumption and coffee types in 449,563 participants and tracked them for 12 years to reaffirm the heart health benefits of coffee. Those who drank up to five cups of coffee regularly had a significantly reduced risk of cardiovascular disease, congestive heart failure, coronary artery disease, and stroke compared to those who did not drink coffee. It has even been shown to have an effect of reducing arrhythmia. There was no difference between coffee beans and instant coffee.

In conclusion, if coffee suits you, drinking two to three cups a day is not bad for your heart health. However, there is no need to take it like a herbal medicine because coffee is not suitable for you. This is because it is not clear whether coffee really prevents heart disease and has a life-sustaining effect, or whether healthy people enjoy coffee more.

By reporter **Cho Min-kyo**

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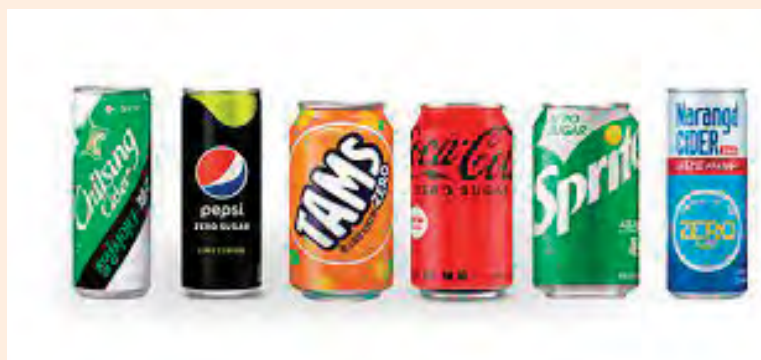


Zero Drink Fever

The obesity rate in Korea is on the rise. Obesity is caused by an increase in processed food intake, excessive nutrition, and lack of physical activity. Along with the increasing obesity rate, a lot of attention is being paid to diet and physical exercise. In the past, certain maniacs and men were the subjects of the diet and health craze movement, but now it has become a culture enjoyed by both men and women of all ages.

The diet food market is also introducing a variety of foods in line with this. Recently, "Zero" drinks and food have become a craze. 'Zero' means 0 kcal. Zero-calorie drinks are sweetened with a synthetic sugar substitute instead of sugar. Synthetic sugar alternatives include allulose, erythritol, aspartame, aelpham potassium neopharm, and advantam. They all contain no sugar, but it tastes very similar to sugar.

The idea that alternative drinks will lag behind conventional drinks is a prejudice. This is because various flavors have been released targeting young people who value taste as well as health. You can enjoy not only cola and cider, but also various flavors of zero drinks such as oranges, lemons, apples, kiwis, and grapes. Zero drinks in the form of iced tea and ion drinks are even being released, away from the existing zero drinks that were limited to carbonation. Ion drinks for the purpose of replenishing moisture and electrolytes were also developed to target consumers who had a burden due to

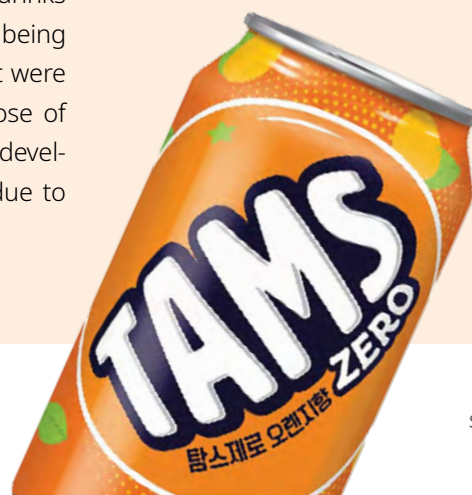


their high calorie and sugar content.

Even when we eat, we always serve drinks. Even when we eat a simple snack, we get a huge amount of sugar through your drink. Sugar is the fastest decomposing compound. Therefore, sugar intake should be avoided most in dieting. Reducing sugar intake will bring us closer to the healthy and beautiful body we want. Just changing the drink with food and snacks to a "zero" drink can significantly reduce sugar intake. You can't give up on both diet and sweetness! Why don't you drink zero drinks from now on?

By reporter **Kim Se-jin**

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For any comments or opinions, please kindly direct them to us.

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